



CENTER OF EXCELLENCE



Parkinson's Disease Support Group 2022

For those diagnosed with Parkinson's Disease and their carepartners

4th Tuesday of every month from 10:30am – 12:00pm

Meetings alternate between educational topics and supportive small group discussions



January 25th – PD Surgical Interventions

Matt Tackitt, Rn, DBS Patient Navigator at Duke

February 22nd – Small Group Discussions

March 22nd – *Show and Share*-Bring your favorite device, hack, or solution to a PD concern

April 26th – Small Group Discussions

May 24th – For the Love of Movement

Jeff Hoder, PT

June 28th – Small Group Discussions

July 26th – Enhancing Resilience video by Bryan Sexton, PhD and Carrie Adair, PhD

August 23rd – Small Group Discussions

September 27th – Ask the Doc with Dr. Nicole Calakos
Duke Movement Disorders Division Chief

October 25th – Small Group Discussions

November 23rd – Mental Health and PD

December – *No Meeting*

For the safety of our members our groups will be conducted on Zoom for the foreseeable future. For login invite or more information, please contact:

Allison Allen, LCSW at (919) 681-2656 or Allison.m.allen@duke.edu

or Anne Kosem, LCSW at (919) 681-2656 or Anne.kosem@duke.edu

If we are able to resume meeting in person in 2022, meetings will be held at:

Duke Integrative Medicine (3475 Erwin Road Durham, NC 27705).